

Key, Lori

From: D Adams [REDACTED]
Sent: Monday, May 17, 2021 1:41 PM
To: ClerkoftheBoard
Cc: Mayor Cathy Murillo; Das Supervisor Das Williams
Subject: Public Comment Ventura BIG BROTHER Vaccinations - unconstitutional - HIPPA, Privacy Rights!
TEACH HEALTH, Auto Immunity

Supervisors: Medical care, every adult person's ownership of their body is a guaranteed American right. Any violations by government of privacy rights, or interference with any personal, medical, financial, or life decisions made by any US Citizen is unconstitutional.

There is absolutely no jurisdiction for Ventura, Orange County, or Santa Barbara to be discussing proof of vaccinations: a divisive, politicalized topic that is outside of government's lawful Authority.

MIT and other leading science centers have documented how viruses spread (cloth masks don't help), and what needs to be done: strengthen immune systems, lose weight, isolate if auto-immune deficient, take 5000-10,000 units Vitamin D, wash hands.

Why not offer free testing for vitamin D deficiencies, and for protective antibodies that exceed what any vaccination provides?

Tax funded government's job via our public schools is to **TEACH HEALTH: physiology, biology, and HOW TO strengthen one's immune system.** Advise residents to take 5000 units of vitamin D daily, get sunshine contact with skin, eat right for gut-health, and stay active, as do healthy clinicians.

STOP INCITING FEAR TO GAIN CONTROL AND POWER: shame on "proof of vaccination" supporters.

My grandfather died in the 1919 flu epidemic leaving behind my mother, then age 5. I know the consequences of loss and of pandemics. His widow raised 4 little kids in a cardboard box in Los Angeles where my mom and sisters worked in garment sweat shops starting at age 7. Forget formal schooling. I learned from my mother how to be healthy because I was taught.

No Californian needs to be intimidated by questions that are none of government's business.

The vulnerable will choose to isolate. The rest of us have lives to live, and will RISK infections and injury. We have antibodies. We have prepared to avoid infections and danger to survive.

I've been exposed to most all: Middle East SARS, 2005 Vietnam Bird Flu, PA Lyme Disease. I'm healthy at age 68. Old-old, 85+ Nursing home patients with strong immune systems via vitamins, diet, and exercise are fine, too. Let us freely live our lives.

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California Family since 1871